



## Rising to the Challenge



Sabrina Wahsqonaikezhik is a shining example of resilience in the face of challenges. She demonstrates what a person can accomplish when the past doesn't hold you back but fuels your desire for change.

Her story is particularly inspiring because of the obstacles she has overcome to get to this point. For years, Sabrina struggled with mental health issues that led to a drug addiction. Sabrina says, "I've always been open and honest with my challenges. I think that's what helped me overcome my mental health struggles and addiction." Sabrina has been interested in pursuing a career in the trades and seized the opportunity after a discussion with Employment Options employment consultant, Bobbie

Smith. Bobbie states, "we are here to help people rise to their potential. I had a feeling that Sabrina was going to love the hands-on work components of this program and she could use her creative skills to take her to the next step." Bobbie was right, Sabrina thrived in the program which included woodworking, electrical, welding, and small engine repair.

Sabrina was the only female in her cohort, but that is not

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what set her apart from her classmates. According to her instructor, Henry Girard, she is a natural and pushed herself to go beyond expectations. He says, "Sabrina took every opportunity to learn new skills in this program. She is very creative and would provide detailed designs of all projects. Sabrina was also very supportive and worked well with her classmates."

Sober now for 2 years, Sabrina, a single mom, also

worked part-time as she completed the trades program. It will not surprise anyone who knows her that while on her placement with local contractor, HDVS, Sabrina was offered full-time work. Moving forward, she plans to get her grade 12 this school year and eventually continue onto college to study carpentry or masonry.

We are very proud of you Sabrina! Good luck in your career and we will be here cheering you on, all the way!

# Training Consultant Services

Training Consultants in the Espanola and Manitoulin area would be more than happy to meet with employers, local businesses, and community groups to discuss available training services. Training can be customized and be delivered during the daytime, in the evening, and on weekends in your workplace or at our local campus. Whether it is to upgrade staff skills, have employees earn new qualifications, keep staff competencies current, maintain your workforce's professional standing, or satisfy mandatory accreditation requirements, we can help! Some of the workshops and courses we offer include:

- Food Handler's Certificate
- Smart Serve Certificate
- Customer Service
- WHMIS
- Working at Heights
- Computer Training
- Small Business Management and Leadership Skills
- Mental Wellness
- Assertiveness and Work Preparation Skills
- Other industry specific training is also available

**Funding to offset staff training costs may be available through the Canada Ontario Job Grant.**

Call our Espanola campus at **(705) 869-4113**

or the Manitoulin campus at **(705) 368-3194**

for more information.

EMPLOYMENT OPTIONS EMPLOI

**Office Hours**  
Monday - Friday  
8:30 AM to 4:00 PM



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## Employers! Did you know? We can help with:

- Résumé collection and screening
    - Interviewing candidates
  - Job postings (both on our website and social media)
- All services are FREE!

Finding the right candidate can be a lot of work. Let us help you with that. Call our Espanola campus at (705) 869-4113 or the Manitoulin campus at (705) 368- 3194 for more information.

# Espanola 2023 Course Offerings

## Small Engine Repair

**September 11 to 29**  
**9 a.m. to 3 p.m.**  
**Monday to Friday**

Learn to safely perform standard repairs and maintenance on typical small engines. Basic mechanical and engine theory and safe work practices will be taught, and you'll get the opportunity to work on provided small engines and ones you bring to class.

## Smart Serve

**September 14,**  
**October 18,**  
**November 15,**  
**or December 13**  
**9 a.m. to 2:30 p.m.**  
**or 6 to 9 p.m.**

Smart Serve is an accreditation from the Provincial Government or its appointed agents, that the certificate holder has completed an approved course on serving liquor to the public. Get your Smart Serve certificate through this course, which is delivered by a live instructor.

## Digital Literacy

**September 18 to 29**  
**or November 27 to December 8**  
**9 a.m. to 12 p.m.**  
**Monday to Friday**

Complete this course to gain confidence and experience with computer techniques, specific software applications, Internet research methods, and more to excel in the workplace or postsecondary programs. You will complete demonstrations and employ hands-on learning to launch and use various programs such as Internet Explorer, Microsoft Word, and Microsoft Excel. You will also be introduced to basic document use and file management techniques.

## Getting Ahead

**September 19 to November 9**  
**10 a.m. to 12 p.m.**  
**Tuesdays and Thursdays**

Learn how to build up financial, emotional, social, and other resources. Understanding the hidden rules and choosing to use them, can open doors to new relationships, new jobs, and higher resources. In this course, you'll explore the impact that poverty has, investigate economic realities, complete a self-assessment of your own resources, make plans to build your own resources, and develop a mental model of community prosperity.



# Explore Retail

**October 25**  
**9 a.m. to 12 p.m.**

This training addresses the need for soft skills sought by retail employers. You will explore communication, teamwork, personal management, problem solving, critical thinking, and professional and skills advancement. This program may be for you if you want to secure a job in the retail sector.

# Professional Office Administration

**October 30 to November 17**  
**10 a.m. to 3 p.m.**  
**Monday to Friday**

This program will prepare you with the fundamental skills required for any office environment. You will be equipped with the skills needed for entry into office clerical support positions in a variety of business sectors. Learning outcomes include, increased confidence working in the office environment, improved knowledge of fundamental office operations, and the development of better writing and communication skills.



# Adult Literacy and Academic Upgrading

Do you want to learn in a comfortable, friendly, and flexible environment? Cambrian's free Adult Literacy and Academic Upgrading programs are perfect if you want to obtain your high school equivalency certificate, improve your job opportunities and employment skills, or meet prerequisites for college programs.

**Interested in becoming a Cambrian student?** Come see us in Little Current or Espanola, or call your local campus for more information.

# Interested in a new career?

## Better Jobs Ontario provides eligible applicants with:

- Skills training for in-demand jobs
- Financial supports

## You can apply for up to \$28,000 for costs, including:

- Tuition
- Books
- Other instructional costs, including student fees, supplies, and electronic devices
- Transportation
- Basic living allowance (up to \$500 per week)

## Additional funding may be available for:

- Childcare
- Disability-related supports
- Living away from home
- Literacy and Basic Skills (LBS) and/or language training

## Length of training programs

Better Jobs Ontario aims to help you rejoin the workforce quickly. That's why the program focuses on training programs that take 52 weeks or less to complete, including micro-credential programs.

## Eligibility

You may qualify for Better Jobs Ontario if you either:

- Have been laid-off, have not been working, or are working a temporary job
- Have not been laid-off but have been unemployed for six months or longer and are part of a low-income household

## You can still apply if you receive either:

- Employment Insurance (EI)
- Ontario Works (OW)
- Ontario Disability Support Program (ODSP)

Employment Options staff can help you decide if this program is right for you and help you complete your application.

## Everyone has Options!

We offer FREE employment services for both job seekers and employers.

### If you are a Job Seeker...

Employment Options can help you with:

- Creating your résumé and cover letters
- Simulated job interviews
- Finding job opportunities and information on the labour market
- Computer access for writing your résumé as well as job search tools including Internet, fax, telephone, and photocopier
- Exploring your career options
- Job readiness workshops on Health and Safety, WHMIS, and more
- Job trials and work placements
- Access to the Better Jobs Ontario

### If you are an employer...

Employment Options can help you with:

- Free advertising of job postings on our job board, website, and social media
- Recruitment and pre-screening of candidates to help with your hiring needs
- Access to a pool of job seekers of all ages
- Potential training incentives for initial on-the-job training of new hires

**1job.ca**



“Cambrian College Employment Options is the first organization I contact when I have available job openings. Their Employment Consultant representatives are a tremendous resource to me, as they understand my business needs and are terrific to deal with. They have been instrumental several times over, in not only finding suitable employees for my business but also in supporting their associated training requirements. For that I am sincerely grateful.”

– Rob Maguire, Owner of Terrastar Building Products Inc. in Manitowaning, Ontario

## Youth Job Connection – Employers Wanted!

Our Youth Job Connection participants have completed 60 hours of pre-employment training and are eager to apply their new skills!

Why take advantage of what Youth Job Connection has to offer?

- We offer candidates that can help you with your staffing needs. Wage subsidies are available to offset your training costs.
- We make sure participants have the required clothing, safety gear, and most mandatory training they need for work.
- On-the-job monitoring is provided to support both the employer and participant during the training period.
- Participants can start ASAP.

# Visit us at our Open House!

Join us on September 20 from  
10 a.m. to 2 p.m. at the Espanola campus  
for our Open House!

## Pauline is Retiring



“Retirement: That’s when you return from work one day and say, “hi, honey, I’m home – forever.”  
– Gene Perret

After more than 40 years in the workforce, it is with happiness and

sadness that I say goodbye to my Cambrian College family. Sadness because you have been a part of my life for more than 25 years and I will miss you, my work, and the wonderful people I have had the pleasure to meet along the way. I am grateful to my manager and colleagues for the friendship, support, guidance, and understanding.

It is with trepidation that I am closing the door behind me and moving onto a new chapter, which is exciting, but scary! I certainly won’t miss getting up early or the travel (35+ years), but I will miss being part of the team.

A BIG thank you to the people who made it a great place to work.

Au Revoir, farewell my friends it was fun.

P.S. – If you need me, I’ll be – oh who knows where.

- Pauline

### Manitoulin campus


7 Water Street,  
Little Current ON  
(705) 368-3194

### Espanola campus

91 Tudhope Street,  
Suite 101, Espanola ON  
(705) 869-4113

Find us online at

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